

***Lower Extremity Review* magazine: Author Guidelines**

Lower Extremity Review is a monthly publication with news and clinical articles about the diagnosis, treatment, and prevention of lower extremity injuries and conditions. *LER* encourages a collaborative multidisciplinary clinical approach with an emphasis on functional outcomes and evidence-based medicine. The circulation includes orthopedists, podiatrists, sports medicine physicians, physical therapists, orthotists, prosthetists, pedorthists, and athletic trainers.

The editorial office is located at:

Janice Radak
Lower Extremity Review, LLC
41 State Street
Albany, NY 12207
Suite 604-16
janice@lermagazine.com

We welcome materials whose focus is likely to be of interest to our readers, with an emphasis on evidence-based approaches and patient-centered care. In making decisions about acceptance of an article, editors will give preference to those authors whose writing reflects a high degree of familiarity with the editorial objectives of *Lower Extremity Review* as well as knowledge of the subject matter.

Original material.

Manuscripts must represent original material that is not in the consideration process elsewhere. Any prior publication of the material must be indicated in the cover letter.

The findings of a study that is in press with an academic journal may be discussed within a *Lower Extremity Review* manuscript, provided that it is referenced appropriately and that the text of the potential journal article is not duplicated in the *LER* submission.

Length

Literature reviews and other feature articles should be approximately 2000 words in length (not including references, captions, author biographies, etc).

If, during the process of writing, you find that your manuscript is likely to be much longer or much shorter than these recommendations, please contact the editorial staff to discuss narrowing or broadening your topic.

Tables and figures.

The inclusion of these is encouraged. They can often present information more clearly than can be described in text. A maximum of six Tables or Figures can accompany a feature article, although a Figure may have multiple parts (eg, Figure 1A, 1B, etc).

Each Table or Figure should be submitted as a separate attachment, clearly labeled (eg, Table 1, Table 2, Figure 1, Figure 2). Each Table or Figure must be mentioned at the appropriate place in the text. Caption information should accompany each Figure.

Tables and figures that have been published previously must be accompanied by reprint permission for both print and online publication from the original publisher. Original tables and figures must be

accompanied by copies of the data on which they are based. Information included in tables and figures must be referenced as relevant.

Images for figures must be high resolution (at least 300 dpi). The vast majority of photos obtained from the Internet will be 72 dpi and will not be usable. Images should be provided as separate jpg files rather than embedded in the same Word file as the manuscript text.

Review process.

Articles are reviewed by the editorial staff and/or members of the editorial advisory board to determine originality, scientific accuracy, significance of content and conclusions, and relevance to the needs of our readers. Authors will receive those comments of reviewers judged to be most useful to them, and may be asked to revise their manuscripts to address editors' and reviewers' suggestions and concerns.

Editorial process.

Manuscripts are submitted with the understanding that the editorial staff may make revisions aimed at greater clarity, conciseness, and conformity to style. Authors will be given the opportunity to review and approve the edited version of their manuscript before publication. Please notify our staff if you will be away from your office for a long period of time or if your contact information changes.

We reserve the right to reject any unsolicited or solicited article that does not meet with editorial approval, including approval denied following a requested revision.

Electronic submissions.

Submission via e-mail is preferable. Please attach manuscript as an MS Word file or plain text. Tables may be included in the main document, but Figures should be submitted as separate jpg attachments. Send to: janice@lermagazine.com

Points of Style

General content: Authors are encouraged to include clinically relevant and practical information and clinical tips that readers can apply immediately in their daily practices. Gender-neutral language is encouraged, except where gender differences are of clinical interest.

When possible, avoid the use of specific product and company names. Products should be described in terms of their relevant characteristics (e.g., a lace-up mesh ankle brace).

Citations and references.

References should be provided for all facts, data, study findings, reports, and abstracts mentioned in the article. Authors may include personal communications and unpublished materials in the text but not in reference list.

References should be cited by superscript number in the text in order of citation and listed in numerical order (not alphabetical order) following the body of the article. Please enter references as ordinary text: do *not* use automated referencing or end-notes programs.

Please use citation information from Pubmed, including volume and issue number. For articles with four authors or fewer, list all authors. For those with five authors or more, list the first three authors followed by "et al." Include last name and all initials for each listed author.

Examples of reference style:

Journal article:

Butler R, Davis I, Hamill J. Interaction of joint type and footwear on running mechanics. *Am J Sports Med* 2006;34(12):1998-2005.

Journal article, online only:

Myer GD, Ford KR, Brent JL, Hewett TE. Differential neuromuscular training effects on ACL injury risk factors in “high-risk” versus “low-risk” athletes. *BMC Musculoskeletal Disord* 2007;8:39.

Supplement to a journal:

Argoff CE, Backonja MM, Belgrade MJ, et al. Consensus guidelines: treatment planning and options. Diabetic peripheral neuropathic pain. *Mayo Clin Proc* 2006; 81(suppl 4):S12-S25.

Book:

Fulkerson JP. *Disorders of the patellofemoral joint*. Baltimore: Williams & Wilkins; 1997.

Chapter of a book:

Brukner P, Khan K, Bradshaw C. Shin pain. In: Brukner P, Khan K, eds. *Clinical sports medicine*. 2nd ed. Sydney: McGraw Hill;2001:508-523.

Abstract:

Lamont HS, Bembem MG, Bembem DA, et al. The effects of six weeks periodized resistance training with or without whole body vibration. *Med Sci Sports Exerc* 2007;39(suppl 5):Abstract 1787:S296.

Presentation:

Howell R. New alpine ski binding that responds to strain across the ACL during Phantom Foot falls. Presented at 17th International Society for Skiing Safety Congress, Aviemore, Scotland, July 2007.

Patient confidentiality.

Case examples are welcome to illustrate key points in diagnosis and management. It is the author’s responsibility to change names and situational details to protect patient (and, as appropriate, practitioner) confidentiality. If accurate depiction of the clinical material requires details that would likely result in revealing the patient's identity, it is the author's responsibility to obtain the patient's informed consent for publication.

Writer's biographical information.

Lower Extremity Review encourages manuscript collaborations between authors from multiple clinical specialties. Authors should provide their academic and/or hospital affiliations and titles as well as any other titles/affiliations relative to their expertise in the subject of the article. Authors must disclose any financial relationships to products, devices or companies mentioned in the article.

Please identify the corresponding author (if more than one author), along with complete contact information: mailing address, phone, fax, and e-mail address.

Copyright and disclosure forms.

Authors of manuscripts accepted for publication will be asked to sign a copyright release form and a form disclosing any conflicts of interest regarding the subject matter of their article.